



# Taekwondo State Championship

## Tournament Co-ordinator

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## 2009 State Championship

Sports Taekwondo Australia is hosting the WA State Championship on Saturday 27<sup>th</sup> June, (poomsae) and Sunday 28<sup>th</sup> June (sparring comp) at the Oasis Leisure Centre, Cnr of Aberethy and Alexander Roads. All TWA and STA members resident in WA are invited to participate in this event and come together to meet in friendly tournament competition.

We welcome participation from Taekwondo competitors for sparring ( u10, u12, u14 and u18, open and veterans) . The sparring competition for juniors u10, u12 and u14 and veterans is middle section body contact only ie no head contact allowed. U18 and open divisions are normal WTF rules ie allows contact to the head.

The closing date of entries for this championship will be Thursday 18<sup>th</sup> June. All entries are to be sent to: **Ross Hartnett, 10 Coolie Street, Huntingdale WA 6110**. Please make your cheques payable to **Sport Taekwondo WA** and *allow at least 2 days for the posting of your entries to ensure that your entries are received by the closing mail on Tuesday 16<sup>th</sup> June 2009.*

Please be aware that the ages of players will be the age they turn by end of the 2009 year.

The STA WA Referee Board will be managing the referees on the day and we invite clubs to nominate referees for the competition via the referee nomination form which will be sent shortly.

I enclose the tournament package which includes the entry form, the weight divisions, technical forms and the tournament programme. We look forward to your club's participation at this year's STA WA State championship.

Please note that all Clubs must provide proof of insurance for their entered competitors.

*Ross Hartnett*

Tournament Co-ordinator

25<sup>th</sup> May 2009



## Western Australian State Taekwondo Championship

Date: **Saturday 27<sup>th</sup> / Sunday 28<sup>th</sup> June 2009**

Venue: **Poomsae / Sparring  
Oasis Leisure Centre, Cnr Alexander & Abernethy, Rd Belmont**

Weigh-in: **Saturday 27<sup>th</sup> June –**  
Oasis Leisure Centre, Belmont  
3.00pm – 4.30pm Enq: Ross Hartnett 9490 5545  
Maddington ODK Unit 2/123 Burslem Drive, Maddington:  
9.45am – 10.45 am Enq: Ross Hartnett 9490 5545  
Port Kennedy ODK Unit 1, #6 Bakewell Drive ,Port Kennedy  
9.00am -11.00am Enq: Anita Tippet 0417 961 226  
Alexander Heights Community Centre, Linto Way, Alexander Hgts  
11.00am – 12.00pm Enq: Charles Rawlins 9249 2980

Weigh-in: **Sunday 28<sup>th</sup> June**  
Oasis Leisure Centre, Belmont  
8.15am – 9.00am

Poomsae: **Saturday 27<sup>th</sup> June**  
All Ages 12.30pm - 4.30pm

Sparring: **Sunday 28<sup>th</sup> June**  
*Juniors 9.00am – 1:00pm Seniors & 14 –17 years 1.00pm – Finish*

Player entries: Sparring \$35.00 Poomsae \$35 1 Event + \$30 2 Event + \$20 3 Event  
+ \$15 4 Event  
Closing date: Monday 15<sup>th</sup> June (handed to Instructor)

Spectator entries: **Poomsae:** \$4 Adult ; \$2 Child (u18) \$10 family  
*Doors will be open for spectator entries from 12:30 pm*  
**Sparring :** \$10 adult; \$6 child (u18) \$24 family  
*Doors will be open for spectator entries from 8:30 am*

Protectors & Guards: Players and their clubs are to provide their own trunk protectors,  
chest guards, head guards; arm guards, shin guards, groin guards,  
Hand Mitts and mouth guards. **Mouth Guard Is Compulsory**  
*All players must have their nails cropped and no jewellery or attachments are  
Allowed during competition.*

Enquires: ***R. Hartnett 94905545 J. Eley 0419 987523 C. Rawlins 9249 2980***



**2009 State Taekwondo Championship**  
**Sunday 28<sup>th</sup> June :**  
**Oasis Leisure Centre, Cnr Alexander & Abernethy Rd, Belmont**

Name: .....

Address: ..... Postcode: .....

Phone: ..... Date of birth: ..... Age: .....  
as at 31.12.2009

**Circle the correct division entered: (Actual weight & entered weight class must be filled in)**

Category: **Sparring** (*middle section rules -no head contact- for u10, u12, u14 & veteran divisions*)

Gender: Male / Female Age group: u10 (8-9 yrs) / u12 (10-11 yrs) / u14 (12-13 yrs) - JUNIORS  
u18 (14-17 yrs) / Open (above 15 years) / Veterans (over 30 years) - SENIORS

Belt: Yellow / Blue / Red / {..... Gup} OR Black {..... Dan / Poom}

Division: Fin / Fly / L-Bantam / Bantam / L-Feather / Feather / Light /  
L-Welter / Welter / L-Middle / Middle / L-Heavy / Heavy / S-Heavy

Actual weight: ..... kgs Weight class:  eg 38-42 kgs

Club location: ..... Club Instructor: .....

Academy / Club: **RAWLINS TAEKWONDO**

Head Instructor: **CHARLES RAWLINS** Instructor signature:.....

*The normal entered division will not be contested if there are insufficient entries for that division. In the event that you are the only entrant for your normal division, the organisers will allot you to the next higher weight or age*

*division so that there will be a contest for you at this tournament. However, if  you do not wish to contest the tournament if there is no division for you, then you need to tick the box here.*

Competitor sparring entry fee - **\$35**  *tick if paid*

I, ..... (the applicant, or if under 18 years old the parent / legal guardian) hereby acknowledge that a condition of entry to the above competition is that I will not hold Sports Taekwondo Australia, the organising committee, trustees, servants, agents, instructors or members responsible or liable for any injury, damage or loss that I / my child / my ward may incur or sustain as a result of the above competition. I agree, that in consideration of the organising committee allowing me / my child / my ward to compete in the above competition, I release and forever discharge and will indemnify and keep indemnified Sports Taekwondo Australia, the organising committee, trustees, servants, agents, instructors and members against all actions, suits, demands, costs and expenses of every description whatsoever including injury, loss or damage.

..... Date: ..... / ..... / .....  
*(Applicant's signature or Parent/Legal guardian's signature if the applicant is under 18)Note: Return this form to your instructor with the correct entry fee no later than Monday 15<sup>th</sup> June*

## TAEKWONDO - tournament weight divisions

	Open Mens, Black, Red, Blue & Yellow Belts	Veteran Mens, Black, Red, Blue & Yellow Belts	Weight Divisions	Open Womens Black, Red, Blue & Yellow Belts	Veteran Womens, Black, Red, Blue & Yellow Belts
	-54 Kg		<b>Finweight</b>	-46 Kg	
	+54 to 58 Kg	-58 kgs	<b>Flyweight</b>	+46 to 49 Kg	-49 kgs
	+58 to -63 Kg		<b>Bantamweight</b>	+49 to -53 Kg	
	+63 to -68 Kg	+58 to -68 kgs	<b>Featherweight</b>	+53 to -57 Kg	+49 to -57 kgs
	+68 to -74 Kg		<b>Lightweight</b>	+57 to -62 Kg	
	+74 to -80 Kg	+68 to -80 kgs	<b>Welterweight</b>	+62 to -67 Kg	+57 to -67 kgs
	+80 to -87 Kg		<b>Middleweight</b>	+67 to -73 Kg	
	+87 Kg	+80 kgs	<b>Heavyweight</b>	+73 Kg	+67 kgs
	Under 18 Male Black, Red, Blue & Yellow Belts (14 - 17 years)	Under 18 Female Black, Red, Blue & Yellow Belts (14 - 17 years)	Weight Divisions	Male & Female Juniors	
	- 45 kgs	- 42 kgs	<b>Finweight</b>	u10 (up to 9 yrs)	u12 (up to 11 yrs)
	+45 to -48 kgs	+42 to -44 kgs	<b>Flyweight</b>	u14 (12-13 yrs)	
			<b>Light Bantam</b>	<b>Black, Red, Blue &amp; Yellow belts</b>	
	+48 to -51 kgs	+44 to -46 kgs	<b>Bantamweight</b>	- 22 kgs	
			<b>Light Feather</b>	+22 to -25 kgs	
	+51 to -55 kgs	+46 to -49 kgs	<b>Featherweight</b>	+25 to -28 kgs	
	+55 to -59 kgs	+49 to -52 kgs	<b>Lightweight</b>	+28 to -31 kgs	
			<b>Light Welter</b>	+31 to -34 kgs	
	+59 to -63 kgs	+52 to -55 kgs	<b>Welterweight</b>	+34 to -38 kgs	
	+63 to -68 kgs	+55 to -59 kgs	<b>Light Middle</b>	+38 to -42 kgs	
	+68 to -73 kgs	+59 to -63 kgs	<b>Middleweight</b>	+42 to -46 kgs	
	+73 to -78 kgs	+63 to -68 kgs	<b>Light Heavy</b>	+46 to -50 kgs	
	+78 kgs	+68 kgs	<b>Heavyweight</b>	+50 to -55 kgs	
	-	-	<b>Super Heavy</b>	+55 to -60 kgs	
				+60 to -65 kgs	
				+65 to -70 kgs	
				+70 kgs	
1	All divisions are subject to change depending on the number of entries received for each division. This may include weight class, belt and/or age divisions. In the event you are the only entrant in your normal division, the organisers will allot you into the next higher weight, belt or age division so that you can have a contest in this tournament. However, if you had ticked the box, and you are the only entrant in your normal division, then there will be no contest for you at this tournament. Players in u18 divisions can nominate for open divisions as well, ie enter into 2 divisions (2 forms) or just one division. Players in veteran divisions can nominate for open divisions as well, ie enter into 2 divisions (2 forms) or just one division.				
2	The maximum and minimum weights are strictly adhered to. Variations of weight by <b>0.1 kgs</b> of the entered or allotted division will result in disqualification. You have 2 weigh-in attempts to pass the weight test.				
3	<b>Entry Forms: Sparring Entry Forms must be returned to your instructor by no later than Monday 15<sup>th</sup> June. Payment must accompany the entry form and all cheques are to be made to Sports Taekwondo WA. No Cash. Ensure that you write your name Ph number and club on back of cheque.</b>				
4	<p><b>Saturday 27<sup>th</sup> June –</b>  Oasis Leisure Centre, Belmont: 3.00pm – 4.30pm Enq: Ross Hartnett 9490 5545  Maddington ODK Unit 2/123 Burslem Drive, Maddington: 9.45am – 10.45 am Enq: Ross Hartnett 9490 5545  Port Kennedy ODK Unit 1, #6 Bakewell Drive ,Port Kennedy :9.00am -11.00am Enq: Anita Tippet 0417 961 226  Alexander Heights Community Centre, Linto Way, Alexander Hgts 11.00am – 12.00pm Enq: Charles Rawlins 9249 2980</p> <p><b>Sunday 28<sup>th</sup> June</b>  Oasis Leisure Centre, Belmont 8.15am – 9.00am</p>				



# Sports Taekwondo Australia

## 2009 WA State Poomsae Championships

Oasis Leisure Centre, Cnr Alexander & Abernethy Rd, Belmont

Saturday 27<sup>th</sup> June : All Ages 12.30pm - 4.30pm

Name: ..... Surname: .....

Address: .....

Suburb:..... Post Code: .....

Phone: ..... Mobile: .....

Email : .....

Date of Birth: ..... Age at 31/12/2009: .....

Belt Level: .....Gup or .....Poom / Dan     Male     Female

Name of Club: **RAWLINS TAEKWONDO**    Branch Location: .....

Head Instructor (HI): **CHARLES RAWLINS**    HI Signature: .....

Clearly mark your entry categories with an **X** in the box provided.

<input type="checkbox"/> <b>Individual Taegeuk Poomsae</b>				
<input type="checkbox"/> under 8	<input type="checkbox"/> 8-9	<input type="checkbox"/> 10-11	<input type="checkbox"/> 12-13	<input type="checkbox"/> 14-17
<input type="checkbox"/> 18-30	<input type="checkbox"/> 31-40	<input type="checkbox"/> 41-50	<input type="checkbox"/> 51+	
<b>Belt Level</b>	<b>1<sup>st</sup> Compulsory</b>	<b>2<sup>nd</sup> Option (delete one)</b>		
<input type="checkbox"/> Yellow	IL Jang (1)	E Jang (2) or IL Jang (1)		
<input type="checkbox"/> Blue	Sam Jang (3)	Sa Jang (4) or E Jang (2)		
<input type="checkbox"/> Red	Yuk Jang (6)	Chil Jang (7) or O Jang (5)		
<input type="checkbox"/> Poom/Dan	Koryo	Geumgang or Pal Jang (8)		



# Sports Taekwondo Australia 2009 WA State Poomsae Championships Creative Individual Poomsae

**Creative Poomsae rules:**

**NAME:** \_\_\_\_\_

1. The total number of movements shall be limited to 60, with a minimum of 50.
2. The Maximum steps shall be limited to 40, with a minimum of 30
3. All patterns and movements of the Creative Poomsae shall be 75% standard Taekwondo techniques.
4. All contestants must wear the minimum of white dobok pants.
5. All contestants must provide their own music and music equipment.
6. Maximum time duration is 1 and a half minutes. Music must finish at the completion of the routine.
7. No weapons are allowed.

<input type="checkbox"/> <b>Creative Individual Poomsae</b>		<input type="checkbox"/> <b>Creative Individual Poomsae to music</b>		
Age Division			<input type="checkbox"/> 8-11	<input type="checkbox"/> 12-13
	<input type="checkbox"/> 14-17	<input type="checkbox"/> 18-40	<input type="checkbox"/> 41+	
Belt Division	<input type="checkbox"/> Yellow/Blue	<input type="checkbox"/> Red	<input type="checkbox"/> Black	
<input type="checkbox"/> <b>Traditional Pairs</b>				
Age Division			<input type="checkbox"/> 8-11	<input type="checkbox"/> 12-13
	<input type="checkbox"/> 14-17	<input type="checkbox"/> 18-40	<input type="checkbox"/> 41+	
Belt Division	<input type="checkbox"/> Blue/Red		<input type="checkbox"/> Black	

Fees enclosed:  \$35 -1<sup>st</sup> event;  \$30 -2<sup>nd</sup> event;  \$20 - 3<sup>rd</sup> event;  \$15-4<sup>th</sup> Event

**Make cheques out to: Sport Taekwondo WA-Return to  
instructor before 16<sup>th</sup> June**

# DECLARATION

I, the applicant, or parent or legal guardian of the applicant, hereby acknowledge and declare for myself, my heirs, executors and legal representatives that, in relation to

(APPLICANT FULL NAME): .....

(One form may be used for more than one player if the players concerned are juniors AND immediate family, otherwise separate forms are required)

1. I understand the risks of Hepatitis B and HIV infection and undertake that the above player/s will provide and use their own personal drink container and towel, each marked with their name.
2. I have the following condition / allergy which could affect medical assessment or treatment  
(Specify which player the condition relates to)

3. The above player/s has/have not knowingly used any drugs or substances for the purpose of enhancing performance and I acknowledge that they may be tested at any time by the Australian Sports Drugs Agency (prohibited substances include anabolic steroids, beta-blockers, stimulants, such as caffeine, narcotics/analgescics, such as codeine, pseudo ephedrine found in medicine for colds and flu, and diuretics) – refer DRUGS HOTLINE: 1800 020 506.  
I GIVE PERMISSION FOR DRUG TESTING TO BE UNDERTAKEN BY ASDA in relation to the above player/s in terms of recognized testing standards, should the above player/s be selected for testing.
4. In the event of any illness and/or accident, I hereby authorize and direct the association and/or its authorized representatives to seek and obtain all necessary medical and/or surgical treatment as may be required and I accept the responsibility for payment and/or reimbursement of all medical expenses incurred on my behalf by the association.
5. I undertake that I/the above player/s will observe all regulation and by-laws of the association and shall comply with all reasonable directions and decisions of its officials and instructors.
6. I hereby acknowledge that a condition of entry to the event is that I will indemnify and keep indemnified the association, its committees, trustees, servants, agents, instructors or members against any liability arising from my participation in the event or from any pre-event training and preparation or other activity related to the event and from travel to and from the event or activities.
7. I understand that the above player/s cannot compete if they have been concussed within 30 days prior to this competition and hereby confirm that they have not been so concussed. I also confirm that, in the event that a concussion has occurred prior to that, medical clearance for participation has been obtained.
8. I acknowledge that photographs may be taken during the competition by the organizers or other persons and that I may appear in those photographs. In the event that I appear in the photographs, I authorize Sports Taekwondo Australia to use and authorize use of the photographs taken at this competition for promotional purposes, including publication on the association websites. I will make no claim against Sport Taekwondo Australia or its agents for any fee or royalty in relation to the use of the photographs.
9. I further declare that, should the above player/s be selected for a team as a result of this event:
  - a) They will train at the standard expected by the appointed team officials and attend all meetings, training sessions and appointments required as a team member as directed from time to time by any official of the Association.
  - b) Should they fail to meet any obligations as set out herein or fail to observe any regulation or by-law of the Association or fail to comply with any reasonable direction of any officer of the Association or shall, in the opinion of the Association, fail to satisfy any requirements or obligations of a team member, then and in the event I acknowledge that they may be dismissed from the team of the Association and I/they shall not make any claim or demand for any compensation, damages, and/or outgoings incurred by me or them.
10. Any expenses agreed to be paid on my/their behalf by the Association will be and are subject to my conduct, demeanor, performance and behavior being satisfactory in the opinion of the Association and I acknowledge that failure to fully and properly satisfy obligations hereunder may render me/them liable to refund to the Association part or all of such expenses.

I, ..... being the APPLICANT / PARENT / LEGAL GUARDIAN OF THE APPLICANT, hereby acknowledge and declare that I have read and fully understand the terms and conditions set out in the application and consent to be bound by such conditions.

Signed ..... Applicant / Parent / Legal Guardian (Circle one)